

# Shanghai is a Safer Place Because of These Heroes



By Mao Xinhui

Going out early and returning late, or even working overnight, and eating instant noodles for all the three meals a day, those are common for the personnel administering nucleic acid testing. When they finished the testing, took off their cumbersome protective clothing, and were about to leave the test lab and go home, they often wouldn't know whether they should call it a "day" or "night".

Shanghai is a safer place because of them and others working at

the front line to fight against COVID-19. Those "ordinary" people are our heroes!

Zhou Yue, an operating room nurse, came to support the testing work just after finishing an operation without taking a break to have a quick supper. Shi Yun, an emergency doctor, received an urgent task notice just after finishing his night shift...

There is an emergency nucleic acid testing team at Kongjiang Hospital in Yangpu District, Shanghai, which, upon receiving a notice, would rush to the scene within 2

hours and carry out nucleic acid test sampling building by building, door by door. For various reasons, the sampling sometimes is done early in the morning, and sometimes late at night, and there's no guarantee that everyone will be able to line up for the sampling at a designated location. That's why the team always has to knock many doors to ensure no one is missed.

Wearing heavy protective clothing, carrying barcode scanners, medical waste garbage bags, sampling tubes, disinfectants, gloves and other items, they shuttle back and

forth between buildings.

"We don't care about climbing stairs, but sometimes some people just don't open the door for us. Many buildings of old communities are not equipped with elevators, and the team members often have to climb to the 6th or 7th floor of a building to collect samples. With the protective clothing we wear, and all the things we carry, this is not easy for us. But we won't stop until all the sampling is done, no matter how long it takes, the head of the sampling team told the reporter, adding that to ensure no one is missed in the sampling, they have to do it building by building, door by door. It's time-consuming and hard work, but also absolutely necessary to support the country's dynamic-zero Covid policy.

If the medical personnel fighting against the pandemic on the front line can be called "fighters", then the sampling and testing personnel are the "deminers".

The Laboratory Department of Kongjiang Hospital is one of the key departments for the prevention and control of Covid-19 in the hospital. On the door of the PCR laboratory, a "biohazard" sign is posted. And behind that door, it's where the nucleic acid testing is done. The lab is divided into three areas, namely reagent preparation area, sample processing area, and nucleic acid amplification and product analysis area. PCR testers need not only to analyze the samples of infected or sus-

pected infected persons, but also deal with the highly-hazardous waste generated during the test to ensure bio-safety. The coding of samples in nucleic acid testing seems easy, but the testers are dealing with thousands of samples every day and there must be zero error. They have to be extremely meticulous. Wearing airtight protective clothing and working hard under "negative pressure" is the norm for every nucleic acid tester.

They have to wear protective clothing for six or seven hours, or even more than ten hours every day, in order to ensure work efficiency, nucleic acid detection personnel try to drink as little as possible, and reduce the number of toilet breaks. Gene amplification is key to determining the final result, thus even if there is a slight suspicion, it must be repeatedly checked. Every time they come out of the laboratory, their clothes are soaked, their faces are covered with marks pressed by the masks, their arms become stiff due to long-time work, and their hands are trembling when they take off the protective clothing. Thanks to their hard work, the lab delivers its promise of issuing test results reports within 6 hours.

Currently, the city is facing a severe test. With the increasing workload of nucleic acid sampling and epidemiological investigation, the grass-roots front-line medical staff move forward with a high sense of responsibility and mission...

## Participate in Volunteer Service Online and Offline

By Zong He

Since the outbreak of current round of epidemic in Shanghai, masses of volunteers stand among important forces in epidemic prevention and control. At present, overall volunteer service forces citywide basically suit the needs under positive operation. However, due to heavy screening tasks, long sealing time and more reasons in partial areas, there exist some requests and difficulties to be tackled. In this regard, Shanghai will reinforce work in details effectively from the following aspects, and care for volunteers to the utmost.

First of all, further step up volunteer recruitment and training. Leverage new media, residential quarter billboard and other carriers to announce channels of recruiting anti-epidemic volunteers on "Shanghai Volunteer" website and WeChat applet, and upgrade public awareness and participation. Thoroughly play the role of party organization at all levels and regional party building advantages, and extensively mobilize municipal and district au-

thority, enterprise and business institution cadres, as well as community party members to actively engage in voluntary service and strengthen anti-epidemic forces.

Secondly, further accurately deploy volunteer service forces. Demonstrate the role of "Shanghai Comprehensive Service Platform for Civilized Practice in New Era", enhance connection of resource supply and demand and accurately serve the masses. Intensify recruitment oriented at volunteers in professional positions such as nucleic acid test and psychological counseling, ramp up coordinated deployment at the municipal level, accurately deploy personnel to the most desired places, and assure more professional volunteers to penetrate into grassroots. Guide volunteer service sites at all levels to attract volunteers signing up in their local areas, deploy manpower rationally, set positions and work intensity scientifically, and encourage volunteers to participate in volunteer service nearby.

Finally, further perform volunteer assurance and incentive work. Provide volunteers with necessary

protective measures, and inform them about rights, obligations and incentive assurance measures. Shanghai Volunteer Association has coordinated with the China Life Insurance Co., Ltd Shanghai Branch to provide the dedicated insurance of "Guard Volunteers" with a maximum compensation of RMB 500,000 free of charge to epidemic prevention and control volunteers. In terms of supply assurance, promptly respond to grassroots requests and distribute supplies to frontline volunteers.

"Shanghaifabu" WeChat public account has pushed the "Guidelines for Epidemic Prevention and Control Voluntary Service Operation", providing specific introduction of participation sign-up process. Citizens can participate in various epidemic prevention and control voluntary service items nearby to the best of their abilities through both online and offline channels, including survey registration, temperature measurement and code verification, order guidance, nucleic acid test, psychological counseling, anti-epidemic publicity, information rumor dispelling, foreign language translation and so forth.

## Anti-Epidemic Frontline Personnel Received Gifts

By Gao Liang

Recently, arrays of warriors in white and community workers rushed to the battlefield against epidemic. Communist Youth League District Committee blew the "Youth Trumpet" of caring for anti-epidemic frontline personnel, and contributed the power of youth under concerted efforts with benevolent enterprises and people in the district.

A few days ago, Communist Youth League District Committee joined hands with benevolent enterprise Shanghai Shiyuan Brand Management Co., Ltd, donating supplies of 2,000 face creams in total to medical personnel and community workers on the frontline of fight against epidemic.

It is reported that in early 2020, Shanghai Shiyuan Brand Management Co., Ltd donated 10,000+ hand creams to the anti-epidemic frontline workers in Shanghai.

"The enterprise has taken root in Yangpu, and received care and support from all walks of life in Yangpu along the way. At present, seeing so many frontline workers fighting against the 'epidemic' day and night, we want to do something for them. Summoned by the

Communist Youth League District Committee, we hit it off and sent heartwarming gifts to people, demonstrating corporate advantages." Sha Qiang, CEO of Shanghai Shiyuan Brand Management Co., Ltd, said that at the beginning, the company planned to donate hand creams, but due to epidemic prevention and control needs, the warehouse of hand cream stock was temporarily sealed under control, so that the company urgently took products from other warehouses overnight. "Anti-epidemic frontline workers wear protective gowns and masks for a long time, and hopefully, these face creams can help them relieve skin stress."

"In initial period of epidemic in 2020, I received hand cream donated by this benevolent company, and this time I received face cream again just in time to use." A disease control staff said.

As introduced, Communist Youth League District Committee will persistently unite with all walks of life to deliver love, enable more benevolent enterprises and people to participate, boldly shoulder social responsibilities, and jointly contribute to the fight against epidemic.